



A MESSAGE FROM PASTOR SCOTT

Newsletter – May 2024

May 2024

God is our refuge and strength,
a very present help in trouble.
Therefore we will not fear, though the earth should change,
though the mountains shake in the heart of the sea,
though its waters roar and foam,
though the mountains tremble with its tumult. *Selah*
There is a river whose streams make glad the city of God,
the holy habitation of the Most High.
God is in the midst of the city; it shall not be moved;
God will help it when the morning dawns.
Psalm 46:1-5

Dear Members and Friends of Anacortes Lutheran Church,

As I write this, we are coming up on two weeks since the unimaginable and horrendous death of Caitlin Follstad and Kevin Follstad. I am coming to realize that these last nearly two weeks have been a blur of trying to help when and where we could. Supporting one another, attending or planning gatherings to help, wondering what might be beneficial for all who have been impacted by this tragedy. And in it all I realize that I have not gathered the strength and comfort of corporate times of prayer so that we might turn to God together in the midst of a situation we are still coming to understand little by little. I am sure that each of you has spent time in prayer for the deceased, for the children, for the wider family, and for the community as a whole, but it is time that we do that together.

Starting on Sunday, April 28th, we will include a petition in our Prayers of the People for Caitlin, Kevin, and all the Follstad and McDermott families (so you will have seen the petition before you see this article). We will continue to include this petition for the foreseeable future as we continue through this time of shock and grief. I invite you, yes you, to look within your heart for a prayer that you might wish to share with the wider congregation. If you have a prayer to share, please send it to the church office – info@anacorteslutheran.org or pastorscott@anacorteslutheran.org and we will add them to the prayers in the future weeks. We will not only try to include these into the Prayers of the People, but I hope to compile them into a little book of prayer remembrances that may serve to help us, and perhaps the wider community, as we continue on this path of grief.

We still journey in this season of Easter, hoping to embrace the power of the resurrection when all seems lost. Like the disciples hiding in the upper room, we are in need of the presence of Christ to appear to us and remind us that death is not the end. The love of Jesus has broken the power of sin and death, and we have been given hope even as our hearts break and the tears descend down our cheeks. May we seek God and the promises that have been given to us by the Creator of all.

And so let us pray...

Trusting in the Resurrection!

Pastor Scott

PRAY FOR OUR 2024 CHURCH COUNCIL & COMMITTEES			
<i>President:</i>	Don Devine	<i>Fellowship :</i>	Kathy Khile
<i>Vice-President:</i>		<i>Education:</i>	Heather Harrington
<i>Secretary:</i>	Julie Jacobson	<i>Youth:</i>	Michael Sullivan
<i>Treasurer:</i>	Lane Phelan	<i>Preschool:</i>	Anne Barry
<i>Stewardship:</i>	Bill LeDuc	<i>Properties:</i>	Steve Anderson
<i>Outreach:</i>	Dave White	<i>Worship:</i>	Pat Carrie-Smith
<i>Personnel:</i>	Jeaneen Brogan	<i>WELCA :</i>	Jeanette Christensen
<i>Josephine Delegates:</i>	Pastor Peterson, Linda Millo	<i>Legacy Endowment:</i>	Wayne Olsen, Rod Odergaard
<i>Finance:</i>	Lane Phelan, Kirk Swanson		Julie Jacobson
	Linda Millo	<i>Synod Assy Delegates:</i>	Pastor Peterson, Lois Cassidy
<i>Finance Secretary:</i>	Linda Millo		Linda Millo
<i>Camp Lutherwood Rep:</i>	Kenny Holzemer		

ALC SENIOR ADULT MINISTRY
PRIME TIMERS

— Retirees gathering together for Fun, Food, and Fellowship.

GET-TOGETHER – DOZENS OF DONUTS

Friday, May 10, at 10:00 a.m. in the Fellowship Hall.

The theme is: *"Are U a Millionaire?"*



OUT TO LUNCH – BASTION BREWERY

Friday, May 17, at 11:00 a.m. Meet in Conference Room #2 – carpool to the restaurant.

Please sign up for the monthly events at the Opportunity Desk or call, text, or email Julie before Wednesday prior to the event.

Have a super spring, stay safe, and be happy. We look forward to seeing you soon.

Paul - Julie Dusenbury



From the Bishop:

I have a confession to make, I am a terrible pool player. I am so bad that the last time I played, the person I was playing with stopped the game and said, "You are the worst pool player I have ever played with." (I had told him I was horrible but he didn't believe me.) I'm using this story as a very thin tangent to talk about gifts and the Spirit ... bear with me.

In Paul's first letter to the Corinthians, chapter 12, we read, *"Now there are varieties of gifts but the same Spirit, and there are varieties of services but the same Lord, and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good."*

As many of you know, Paul was writing to a congregation in Corinth after receiving some correspondence from them and hearing their concerns. Throughout this letter Paul emphatically makes it clear that no one is spiritually better than others – no one has better faith, no one has better gifts, no one should eat better than another at the Eucharist table. Paul is adamant in this. (He is talking about this because of some struggles in the Corinth church. You are welcome to read the entire letter of 1 Corinthians to get more context.)

Paul emphasizes that because we all receive faith through the Holy Spirit, no one is spiritually superior. Paul further emphasizes that because we all receive a variety of gifts given by the Holy Spirit, no one has a worthier gift than another. And, to emphasize this point, Paul writes that the Spirit does not give only one kind of gift to all. Because the church and the world need diverse gifts, the Spirit gives different gifts to different people. In other words, Paul is simply saying this: same Spirit – lots of gifts.

You hear this? In a society where we emphasize certain gifts and skills and abilities above others (and often feel like we have fallen short), we hear in 1 Corinthians that the Holy Spirit gives a variety of gifts to a variety of people. Specifically, YOU have been given a variety of gifts, and this is good.

Further, these Holy Spirit gifts – they are not meant to benefit the individual person but are to benefit the entire community and world. Paul emphasizes that these gifts are not to be used in selfish ways or in self-seeking ways. Paul clearly states that if a gift cannot be shared, and shared for the good of others, it is not from the Spirit. Ultimately, the purpose of these different gifts of the Spirit is to share in God's love and grace and mercy with all through Jesus Christ our Savior.

As Americans, we have often been told (and maybe believe) that as individuals we are responsible for ourselves. We are not to rely on others – we are to be strong and self-sufficient. We are taught that to have freedom is to be autonomous. But let's be clear. This is far from what we read in 1 Corinthians. Paul says each person receives gifts for the common good. Paul says that each person receives the manifestation of the Spirit for the common good. It is in community where the gifts from the Holy Spirit shine. It is in community where the Holy Spirit is made manifest.

You see, it is God's intention that we are to be with one another – for one another – as the community of faith, as the body of Christ, as the Church on earth. The Holy Spirit has given a variety of gifts to a variety of congregations and individuals. And together we are called to bring these gifts together to help bear one another's burdens, to love and pray together, to bring justice and new life, to be made manifest in the Holy Spirit for the common good.

Honestly, it doesn't matter that I am a terrible pool player. But it does matter how I both share the gifts that God has given me and how I reach out to others in mutual support when I am in need.

I would love to hear stories from you about your gifts being made manifest in the Holy Spirit – individually and in your congregation. How are each person's gifts being shared in your own particular congregation? How is your congregation sharing with another congregation? What gifts were missing from your particular place of worship that you have found outside of your space? What gifts have you been able to share with others?

May we live into what we often say in worship, "The gifts of God, for the people of God." Amen.

+ Bishop Shelley Bryan Wee
bishop@lutheransnw.org

WELCA– SEWING NEWS

The sewing group is busy making quilts and packing kits. While shipping is in the fall, packed boxes are stacking up. To date 41 quilts have been packed and baby care kits total 138. The baby care kits include cotton tee shirts, sleepers, receiving blankets, cloth diapers, a jacket or sweater, socks, a hand towel, soap and diaper pins. The diapers and receiving blankets are made by the sewing group thanks to your donations of flannel sheets or large pieces of flannel. The knitting group at church (and others who don't attend knitting) makes sweaters for the kits, and some members even made sleepers. Right now we are short of socks up to 24 months, sleepers or gowns without feet, dark colored hand towels, and sweaters or jackets (our knitters can't keep up). Used items are ok - gently used with no stains or tears. Watch for these items as you shop retail or yard sales and consider donating items your children or grandchildren have outgrown.

The group will continue its work May 7, 21 and 28. Come at 9am, bring a sack lunch and stay until 2pm. Or just stop by to check out this busy group. We would love to see you.

LWR Knitters

Next Meetings:

May 20th 1:00-3:00 pm in conf. rm 1
June 17th 1:00-3:00 pm in conf. rm 1

Beginners are welcome and teaching is available.

Linda Anderson-POC 360-588-1730

Preschool Brunch

Many thanks for your generous support of the Anacortes Lutheran Preschool fundraiser last Sunday. Many of you dropped contributions at the Church office or at the door when you were unable to attend. Your amazing generosity will provide funding to bring Blue Water Behavioral Management Consultants into the school to assess the program and students and then to teach the teachers. Thank you on behalf of the students and staff.



CONFIRMATION SUNDAY

May 19 at 10:00 am service

Eva Dent

Vance Frerichs

Thomas Knowles

Megan Kennedy

Hunter Harrington

Anacortes Lutheran Church
Council Minutes for April 11, 2024

Attendees: Pastor Scott, Anne Barry, Jeanette Christiansen, Don Devine, Julie Jacobson, Lane Phelan, Pat Carrie Smith

The meeting was called to order and Don opened with prayer. March minutes were approved as submitted.

Treasurer's Report:

Written report handed out. We are meeting our financial obligations. The Lent, Soup Supper and special Easter offerings equaled \$3,457.

Pastor's Report: A written report was submitted. Note Pastor will be attending the Bishop's Convocation in Seabeck April 21-24.

(Reports by email were submitted for Stewardship, Personnel and Properties committees in addition to what is listed below).

WELCA:

The Fellowship Hall will be set up on Friday for a memorial service on Saturday so the elementary kids gathering will take place in the basement on Friday night. The next WELCA event is on Thursday, April 23 at 1pm, the guest speaker is from the WSU Master Gardner Program. The Strawberry Social will take place in June.

Preschool:

The fundraising brunch takes place this Sunday, April 14, after the service.

Worship: Report submitted.

The Sunday worship service time will change to 9:30am beginning Memorial Day weekend, May 26.

Don and Paul will change the signs out front the week prior. Mother's Day is May 12. Confirmation takes place on May 19.

Old Business:

- Recruiting continues to fill council positions - please let Don know of any persons you may have in mind. Open positions are/will be Education, Fellowship, Outreach and President-Elect.

New Business:

- Jeanette made a motion to include the Stewardship Chair as a member of the Finance Committee. Motion passed.
- Lane made motion to change the Articles of Incorporation from "Anacortes Lutheran Church" to "Anacortes Lutheran Church and Preschool". Motion passed.
- Pastor & Don met with the contact at Proliance Surgeons to discuss renewal of the parking lot lease. The new contract will be written to begin June 1 and the purpose is to allow their office to use our parking lot across from the church building.
- VBS Plan will likely take place in the evenings the week of June 24-27.
- Jeanette made a motion to offer \$300 scholarships for any congregational member of ALC who signs up for a Lutherwood camp. Motion passed. Anyone interested may contact the office.

- Jeanette made a motion to approve use of the church on April 18 for a community forum, led by a clinical psychologist who specializes in talking to children about death, grief and trauma. This will be intended to help local parents talk to their kids about recent events. Motion passed.
- Don noted that the next check for the lift chair maintenance is coming due for about \$5000.

Don moved to adjourn the meeting.

Our next regular council meeting will be held May 9 at 6:30 pm. Please have committee reports in to Julie no later than midnight on Tuesday, May 7.

The meeting closed with the Lord's Prayer.

Respectfully submitted,

Julie Jacobson, Council Secretary

Worship Attendance

Date	Events	In-Person	Nursery	Live-Stream
Apr 7	Family & Praise Sunday	105	5	64
Apr 14	2nd Sunday of Easter	112	5	41
Apr 21	3rd Sunday of Easter	121	6	33
Apr 28	4th Sunday of Easter	114	4	**

** Not available at time of printing

SPORTS PHYSICAL :::: NIGHT

Seahawk Athletic Booster Association

MAY 30, 2024
5:30 - 7:30 PM

Island Health and Island Optometry are partnering with SABA to provide these sports physicals.

Quick easy way for athletes to complete the required sport physical. Good for 2 years! **Cost is only \$35.00**
All Anacortes Middle School and Anacortes High School Students are Welcomed!

All physicals will be conducted by Island Health providers.

Anacortes Middle School
2202 M Ave,
Anacortes, WA 98221

No Registration Needed.
Forms are available [HERE](#) and will be available at check-in. If you print the attached please complete pages 1-2 before check in

ISLAND HEALTH **SABA** **ISLAND OPTOMETRY**

Contact Us | Anacortessaba20@gmail.com

SUNDAY SCHOOL & CONFIRMATION SCHEDULE

ONLY 4 SUNDAYS OF SUNDAY SCHOOL LEFT!

APRIL 7	9AM Pancake Breakfast NO SUNDAY SCHOOL
Apr 14, 21, 28	9AM Sunday School & Confirmation
May 5	Sunday School Teacher Appreciation in service NO SUNDAY SCHOOL
May 12	9AM Last Day of Sunday School Party
May 19	Confirmation Sunday

**DON'T
MISS OUT**



2024 ALC GRADUATING HIGH SCHOOL SENIORS

Applications for the Laurene M. Rhodes & Anacortes Lutheran Scholarship have been mailed, emailed and are also available in the church office. Completed applications are due back no later than **Friday, May 17.**

Please contact the church office at 360-293-9586 if you have any questions.



Support for the Follstad Children

Fundraiser at Dockside Dogs Gourmet Hot Dogs

WEDNESDAY, MAY 1st

11 am - 6 pm

100% of ALL SALES & GRATUITIES

Donated to Support the Kids.

Please join us!



After the tragic loss of mother and Island View Elementary teacher Caitlin Follstad and father Kevin Follstad, we, as a community, are moved to raise funds to help cover expenses directly related to the needs of the children. Caitlin's cousin Megan Wylie (McDermott), is in the process of receiving permanent guardianship of the children and has given her blessing to this fundraising effort. Please help support the Follstad kids with a purchase at Dockside Dogs on Wednesday, May 1st. 100% of all sales and gratuities (not just profits), will go to support the kids. Thank you in advance for your help.

DOCKSIDE DOGS - 1019 Q Avenue, Anacortes, at Cap Sante Marina



Happy Mother's Day to all the amazing moms at ALC!



**NATIONAL
DAY OF
PRAYER**



The Anacortes Even will be held at
The Bridge Christian Fellowship Church
522 W. Troxell Road
Oak Harbor, WA 98277

Event

Thursday, May 2nd, at 6:30 p.m. Doors open for guided group prayer at 6:00 p.m.

Note: The Oak Harbor NDP events will be in town.

Theme

Lift Up the Word, Light Up the World

"Your Word is a lamp to my feet and a light to my path"

Psalm 119:105

May we gather in unity to pray for our Nation

DATES TO CELEBRATE IN May



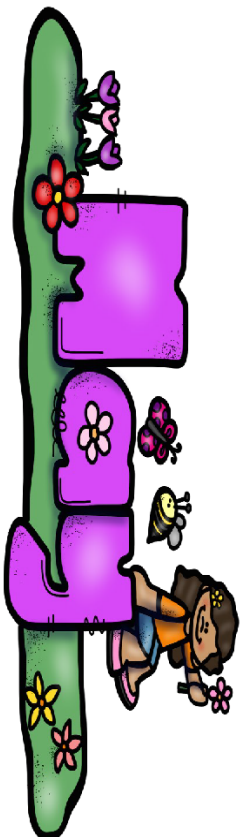
Birthday Blessings

01 Lily Dumas	10 Michael Hanrahan	17 Kate Ferkovich	25 Camryn Kerr
01 Carter Eggleston	10 Kendra Kennedy	17 Bill Sahnaw	25 Scott Peterson
01 Catherine Eggleston	10 Lara Knowles	18 Susan Reed	27 Lane Phelan
01 Jennifer Hansen	10 Sue Larson	18 Stacy Roux	28 Bill LeDuc
01 Mike Trafton	11 Megan Dumas	19 Elliott Hofferth	29 Stephanie Poor
04 Yvonne Storme	12 Kori Fosso	20 Connie Walters	
05 Hannah Parker	12 Owen Kennedy	21 Jeff Hrovat	
07 Ethan Lust	12 Heidi Parker	21 David Rapella	
07 Susan McCutcheon	13 Rod Rothlisberger	22 Jean Brown	
07 Judy Pesatura	14 Anita Holzemer	22 Vera Jones	
08 Emma Flanigan	15 Thomas Knowles	22 Krista Morgenthaler	
10 Lois Cassidy	16 Nathan Dent	23 Lucca Dumas	
10 Brian Hanrahan	17 Judy Card	23 Judy Littlefield	

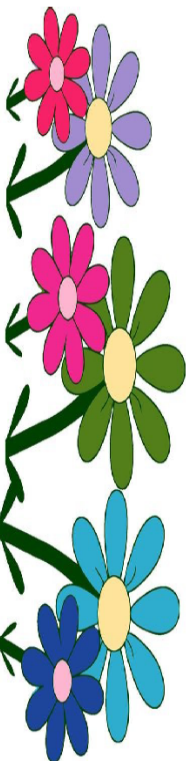

Wedding Anniversaries

01 Bill & Diane Gusa	27 Dave & Mirth Moore
05 Jim & Nancy Loftis	29 Klaus & Christie Schoebel
10 Steve & Kori Fosso	31 Clarence & Julia Rogers
11 Kevin & Alyssa Costenbader	
13 Michael & Janice Sullivan	
25 Randy & Stacy VanSweden	





2024

SUN	MON	TUE	WED	THU	FRI	SAT
						
5 FAMILY & PRAISE SUNDAY EDUCATION Time 9:00a WORSHIP 10:00a Fellowship Hour 11:00a MS & HS Youth Night 6:30p	6 O.A. 10:00a Prayer Time 1:30p Gift SCOUTS 5:30p SCOUT B 7:00p	7 Sewing SCOUT G 9:00a 7:00p	8 Staff Meeting 9:30a Prek Chapel 10:45a A-Town City Mtg 12:30p CHOIR Rehearsal 6:30p Men's Ministry 7:00p	9 Men's Bible Study 7:00a Prek Chapel 10:45a DAISY Troop 5:00p Jr Gift Scouts 6:00p CHURCH COUNCIL 6:30p SCOUT B Leader 7:00p	10 PRIME TIMERS 10:00a GET-TOGETHER-F.H.	11
12 EDUCATION Time 9:00a WORSHIP 10:00a Fellowship Hour 11:00a 	13 O.A. 10:00a Prayer Time 1:30p SCOUT B 7:00p	14 WOMEN'S BIBLE 10:00a 3:30p SCOUT G 7:00p	15 Staff Meeting 9:30a Prek Chapel 10:45a CUB Pack 6:00p CHOIR Rehearsal 6:30p	16 Men's Bible Study 7:00a Prek Chapel 10:45a Children's Hosp Guild 11:00a SCOUT G Leader 7:00p Jam Session 7:00p	17 PRIME TIMERS OUT TO LUNCH 11:00a Young Life Beyond Mailibu Weekend at ALC Arrive Thursday, 9pm — Leave Sunday, 8am	18
19 DAY OF PENTECOST EDUCATION Time 9:00a WORSHIP 10:00a Fellowship Hour 11:00a MS & HS Youth Night 6:30p CONFIRMATION	20 O.A. 10:00a LWR Knitting 1:00p Prayer Time 1:30p Gift SCOUTS 5:30p SCOUT B 7:00p	21 Sewing SCOUT G 9:00a 7:00p	22 Staff Meeting 9:30a Prek Chapel 10:45a CHOIR Rehearsal 6:30p	23 Men's Bible Study 7:00a Prek Chapel 10:45a Praise Team 1:00p DAISY Troop 5:00p	24	25
26 HOLY TRINITY WORSHIP 9:30a Fellowship Hour 11:00a	27 O.A. 10:00a ALTAR Guild 10:30a Prayer Time 1:30p	28 Sewing SCOUT G 9:00a 7:00p	29 Staff Meeting 9:30a Prek Chapel 10:45a CHOIR Dinner 6:00p	30 Men's Bible Study 7:00a Prek Chapel 10:45a Praise Team 1:00p	31	